



If Not Me, Then Who?

This training will challenge you to reflect deeply on what you believe about poverty and the people who live in it—examining how your perspectives impact the ways you communicate and relate with those you wish to empower. It will also provide proven strategies and practical action steps for improving outcomes for your Neighbors who are living in the crisis of poverty.

Introduction: John Berry (2 min.)



John Berry, Executive Director of SVdP Georgia, welcomes participants and challenges them to become thought leaders.

Segment 1: Understanding Poverty (27 min)



Participants explore where people get their information about poverty, and the myths and stereotypes that prevent real progress.

Segment 2: Insider's Perspective (17 min)



Participants learn what it is like to be born into the deep poverty, and what efforts to escape can make the most difference.

Segment 3: What Does the Word Poverty Mean? (20 min)



Participants dig deeper into the definition of poverty, the different types, and how lived experiences of poverty impact neighbors.

Segment 4: Understanding the Perspectives of People in Poverty (18 min)



Participants understand what it is like for neighbors interacting with volunteers and helping professionals, and how to build common ground with them.

Segment 5: Tools for Improving Communication and Relationships (10 min)



Participants learn practical ways to build trust, nurture relationships, improve communication, and create welcoming environments.

Segment 6: Call to Action, Call to Hope (20 min)



Participants develop shared actions and tools to build empowered communities, and assist neighbors to move out and stay out of poverty.

Segment 7: Digging Deeper (6 min)



Dr. Beegle discusses the best strategies for creating systemic change and building an Opportunity Community.

*Times indicated are video lengths. Sessions average 60-90 minutes, but will vary depending on particular segment, group size, conversations, and activities.

Electronic versions of the videos and materials are available to the Society of St. Vincent de Paul free of charge and can be accessed here: www.svdpusa.org/CAB

A full training kit, which includes the seven-session DVD, 10 Participant Manuals, and a Facilitator Guide, is available at the Communication Across Barriers store: <http://bit.ly/CAB-order>

Vincentians receive a 30% discount on training kit orders when you enter INMSVDP at checkout!